



London Pregnancy &
Family Support Centre

ADVOCATING. EDUCATING. EMPOWERING.

2017 Spring/Summer Issue



Praise the LORD, my soul; all my inmost
being, praise His holy name.

Psalm 103:1



A Note from Lori

Right now I am sitting in my office preparing this note for the newsletter, listening to the rain, right now it's a steady light rain coming down, that sounds beautiful, but an hour ago, it was pouring, very windy and you couldn't see across the road. Today started out as a beautiful warm, sunny day and temperatures reached 26, the storm clouds rolled in; the day grew darker, and then came the high winds and heavy rains. The temperature has dropped to 18, and is still dropping.

Today's weather change made me think of our clients, that life can change pretty quickly when they find out they are pregnant and they had not planned it, the temperature drops, the heavy rains, and high winds can shake their world, and if they don't have the proper supports in place the outcome can be devastating.

The London Pregnancy and Family Support Centre, is one of those supports! We come along side our 'girls' and all those who are involved in her life and help navigate them through this storm and let them know that there is hope, there is a rainbow at the other end. That rainbow does not mean things will be perfect by any means, but if they will allow us to journey with them, we promise to do all that we can, in means of support.

We are not able to do this alone, it's because of all of you who partner with us, and support this ministry. The LPFSC is very PRO-LIFE, the term PRO is to be for something, we are definitely **ProPeople**. We care deeply and are for all those involved and or affected by the pregnancy. We offer a consistent ear to listen and strive to speak life and hope, and show love at a very uncertain and challenging time in a person's life. The LPFSC is not about a cause, we are something far bigger, we are about life itself, life of the individuals and families that come through our doors. It is our desire to facilitate the most nurturing and comprehensive foundation for our moms, babies, fathers and families.

We value your prayers, financial support and your partnership in standing with us on the front lines of this life changing and lifesaving ministry. Thank you for investing in the lives of others and together God is using all of us to make a difference....**PHILIPPIANS 1:3**

The LPFSC is thankful for...

Lovers Thank you to 'Lovers
AtWork 'AtWork' for redesigning
Office our offices and making
Furniture our work space more



efficient and functional.
Thank you to Chris and Tara for their expertise in design!

Banquet Committee

Thank you to our Banquet Committee who were an essential aspect to making our fundraising banquet a success.

Board Member Goodbye & Welcome

The LPFSC would like to say our heartfelt thank you to Jim Nother for his many years of service on the Board of Directors. Jim served as our Treasurer and would give his time for any task asked of him. We will certainly miss his enthusiasm and expertise!

The LPFSC would also like to welcome some new faces to our Board. Welcome to Cathy Chapin, Al Hamilton, Kevin Rowaan, Marian Monckton & Thea Close.

Current Needs:

- Starting in the Fall, we are in need of people to help cook meals for our GRIP program. Funds are provided, we just require the hands to prepare and serve to our families on Thursday evenings.
- The LPFSC is always in need of items to give out to our families. We need Diapers size 3 - 6, Wipes, Baby Toiletries, Soothers (Nuk & Mam), Baby Clothing (Size 0 - 2), Gift Cards in \$25 increments (Groceries, Gas, and Shoppers Drug Mart) and bus tickets.
- We are in need of the book 'What to Expect when you are Expecting'. We give this wonderful resource to every expecting mom, and we are running very low.

LPFSC 26th Annual Banquet

The banquet was a great celebration of what God has done in and through the LPFSC. We are excited to report that we had just over 400 in attendance, 300 auction items, and raised \$58,000. We hosted our event in a new location this year and we know there are several modifications to make. We sincerely apologize for anything that may have made your evening less than admirable (parking, food selection, space for auction items, etc.). Thank you for being patient with us while we work things out for next year!

Thank you to all who came and supported the work of the London Pregnancy & Family Support Centre.



Congratulations Brianne & Harold Vanattan!



On Saturday April 22, we were able to celebrate with Brianne & Harold as they were united before God in marriage! Brianne is just about to celebrate her 1 year anniversary as the Peer Support Worker here at the LPFSC and has allowed us to share her journey.

As many of you know, Brianne first came to us many years ago with an unplanned pregnancy and a drug addiction. Through the ministry of the LPFSC Brianne began to recognize that her life was not what she wanted for herself or her baby girl. Over the next year, she received help for her addiction and found an intimate relationship with our Lord and Saviour. Brianne chose to go to university and informed Linda that she was going to someday come back to the LPFSC and take over her job! Although Linda is still here as the Client Services Director, she is training Brianne to work alongside her for the many people that walk through our doors.

We are so excited to celebrate with Brianne and how God has transformed her into the woman she is today!

The London Pregnancy & Family Support Centre would like to extend an invitation to our Annual General Meeting on Tuesday June 13th at 6:30pm. For Location & to RSVP contact the LPFSC.



Program Updates

GRIP: In January we were blessed to have received a grant from the Sisters of St. Joseph to help fund all aspects of our unique program. We have been educating through art therapy, budgeting, mental health awareness & coping strategies, healthy eating, and celebrating special events. A big feature of this session has been working through Jeremiah 29:11 with the girls. Our goal has been to make scripture relevant in their lives.

STEP: We are well into another session of STEP for 6 expecting moms who are thrilled with the expertise and teaching that they are receiving.

LIFTED UP: We are so excited to share with you that the grandparent support group is thriving. All of the grandparents who attend have professed a faith in Christ. This group has been going deeper spiritually and heavily relies on one another.

BIBLE STUDY: Six of our moms participated in a weekly Bible Study over the past several months. We worked through the Teen Alpha series. It was a wonderful chance to talk about God and answer many of the questions these women had.



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www.lonpfsc.com

Giving Opportunity

The work at the LPFSC is nothing short of life-changing ... not because of staff or volunteers, but because God cares so deeply for the lives that walk through our doors. To continue this life saving work, we need financial provision to keep our ministry effective. We humbly ask for your joyful support for the LPFSC. Join us in the LORD's work!

Name: _____

Address: _____

City: _____ Postal Code: _____

Phone: _____ Cell: _____

Email: _____

When considering year-end donations, please consider the LPFSC serving on the front lines for life! All donations must be received by December 31, 2017 in order to be receipted or the 2017 tax year.

- I give permission to LPFSC to email me the newsletter & updates
- I would like to become a monthly supporting partner, contributing \$_____ on the 15th of each month from my chequing account (Please include a void cheque).
- I would like to give a one-time donation of \$_____.
- I am already a monthly supporting partner, and would like to increase my giving to \$_____ per month.